



#### Kansas Maternal and Child Health Council

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# Elaine Johannes

## Andres Mata



#### Kari Harris

KMCHC Chair

## Heather Braum

Welcome



Federal & State Updates on Medicaid, SNAP, and Other MCH Programs

## Elaine Johannes



Associate Professor & Extension Specialist Kansas State University

## Heather Braum

### Kari Harris

### Andres Mata

#### Past Wins, Future Goals: Strengthening our Voice

## Heidi Hartner

# Elaine Johannes

## Andres Mata



Youth Engagement Specialist

Kansas Department for Aging and Disability Services Heather Braum

Harris

Kari

Youth Voices in Action: Insights from Governor's Behavioral Health Services Planning Council Youth Subcommittee



YOUTH LEADERS IN KANSAS (YLINK)

- Gary Henault, Director of Youth Services
- Linda Buchheister, Children's Program Manager
- Andres Mata, Youth Engagement Specialist

YOUTH LEADERS IN KANSAS (YLINK) PROGRAM

• Youth Leaders in Kansas, known more commonly around the state by its acronym, YLINK, offers an opportunity for young adults to develop community awareness and youth leadership skills during the formative ages of 12 to 18 years. Various YLINK sites can be found in cities and small towns across the state of Kansas. They operate with the local support and guidance of caring adult volunteers, community partners, and alongside the youth's primary caregiver(s), especially parents.

#### **EXPERIENCES**

#### FOCUSES

#### **EXPOSURE/OPPORTUNITIES**

#### **NETWORKING**







#### EXPERIENCES

The program provides an array of experiences which includes, but is not limited to:

- Improving family and peer relationships
- Community Engagement
- Incorporating knowledge and training for employment and/or vocational education
- Self advocacy skills

#### FOCUSES

YLINK groups promote and provide programs that address:

- Mental health stigma reduction
- Suicide prevention
- Behavioral health awareness
- Youth voice and advocacy

#### **Exposure/Opportunities**

There are also opportunities for youth to participate in the state legislative process and learn about advocacy at every level

#### NETWORKING





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Youth Leaders in Kansas

#### Wichita Northwest High Grizzlies for Change

2022-2023





#### Rise Up Reno at CADCA

In Grapevine, Texas

Rise Up Reno stayed very busy this quarter. Club sponsors were invited to attend the Community Anti-Drug Coalitions of American (CADCA) Mid-Year Training Institute in Grapevine, Texas with staff for extra prevention training. Youth leaders volunteered at the National Night Out community event by painting faces. Rise Up Reno expanded into two new school buildings this year, bringing its total to seven groups. All sponsors were provided orientation training and planning time to organize priorities for this year's prevention campaigns. Youth attended coalition meetings in August where they worked on creating a new vision statement and in September where they received the first part of a training on Adverse Childhon<sup>20</sup> Experiences (ACEs), resilience, and trauma-informed care.



Regardless of how happy, good looking, smart or popular someone seems on the outside, everyone is fighting their own and often very private battles. Many times kids will tell their friends about their struggles more readily than parents, adults, or mental health professionals.

In response, 16 Clay County members of YLinK gave up their "Day OFF" of school to participate in a "Day ON" for helping their friends and classmates.

### Dragons Lead the Way

Belle Plaine High School 2022

2022-2023





Allen (3) Moran Iola Humboldt	Barton (3) • Ellinwood • Hoisington • Great Bend	Butler (3) Andover Augusta El Dorado Bourbon (1) Fort Scott	Clay (4) Clay Center High School Clay Center Jr. High Wakefield High School Wakefield Middle School
Coffey (I) LeRoy Ford (I) Dodge City Morton (I) Elkhart	Harvey (6) Burrton Halstead Hesston Newton Peabody Sedgwick	Marion (I) Goessel Saline (I) Salina Chase (I) Cottonwood Falls	Morris (I) White City Montgomery (I) Independence Johnson (I) Overland Park
Reno (6) Hutchinson High School Hutchinson Middle School Buhler High School Haven High School Prairie Hills Middle School Nickerson High School	Sedgwick (5) Student Empowerment North High School Northwest High School West High School Mental Health America	Shawnee (3) Topeka West High School Highland Park High School Topeka High Bourbon (1) Fort Scott	Sumner (2) Belle Plaine Wellington McPherson (2) McPherson Inman
Wallace (I) Sharon Springs	Wyandotte (I) Kansas City-Piper Middle School	Wilson (2) Fredonia Jr/Sr High School	



#### **Group Expectations**

#### INTRODUCTION AND SUMMARY

- A.YLINK sites will develop goals focused upon community issues that support stigma reduction and youth advocacy.
- B. These groups will be youth-led and youth-directed, but they will be supported with guidance when needed from parents, guardians, or other adults providing supervision to the youth group.





 Organize and develop leadership opportunities to include prevention, behavioral health stigma reduction and advocacy.



 Encourage participation in Youth Mental Health Advocacy Day at the state capital.



Plan, organize and hold events for Youth Mental Health Awareness Month in May.

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Encourage participation in the annual YLINK conference.

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Encourage participation in the State-Wide Youth Advisory Group providing feedback to the Governor's Behavioral Health Services Planning Council.

When using YLINK funds for an event, program or activity there is an expectation that the YLINK Banner will be displayed, youth will wear YLINK shirts, buttons or other items that promote the connection with YLINK. The YLINK logo needs to be used on printed materials for the event. All printed materials with the YLINK logo will need to be approved by KDADS prior to printing.

### **SERVICES TO** BE 2 PROVIDED 1

 Each YLINK site shall participate in an array of activities focused upon mutual support, leadership opportunities, improved relationships, and strengthening community supports.

 Each YLINK site will participate in activities in their community and at the state level that support the goals developed by the group focused upon youth leadership or the reduction of stigma and/or bullying.

C. Each YLINLK site will participate in: I. Regularly scheduled meetings with adult supervision/support. **2.** Mental Health Awareness activities • 3. Annual YLINK Advocacy Day • 4. YLINK Summer Conference 5. YLINK Regional Meetings

3
Each YLINK site will work to develop community partners that will support the goals of the YLINK site.

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## QUARTERLY REPORTING

2



## <sup>4</sup> MEETING DATES, EVENTS, ACTIVITIES

#### NUMBER OF Δ PERSONS PARTICIPATING; NUMBER OF **PERSONS BEING** REACHED

3



"To me,Y-LINK has been not only a way to give back to my school and community, but also a source of hope for the future of our town and a way for me and fellow members to grow with each other and learn how to make the world a better place."

#### - Senior at Wallace County High School

YLINK has given us students many opportunities to do great things for our community that we might not have been able to do without the resources of YLINK. We really focused on helping others and positively impacting their mental health.

- Belle Plaine High School Student "Being from a rural area, I didn't think there was other liked minded youth who were passionate about change. Attending YLINK was an eye-opening experience. I was able to connect with youth who had that same fire. Being in that environment motivates and excites you to keep doing vital work.YLINK is an opportunity to join a group of goal driven youth who are making a change."

#### - Junior at Great Bend High School

"I personally have a passion for prevention and YLINK has helped me to gather information to share with my community and others. I love helping with mental health and by attending YLINK, it offers so many opportunities to help put our perspectives as youth together and change the lives of many for the better."

- 8th grader at Hoisington Middle School "YLINK has impacted me because it's made me open minded and easier to talk about mental health and suicide prevention in a way that other generations have struggled or brushed aside.We can help the older generations see that it's ok to talk about mental health and suicide prevention without feeling ashamed or uncomfortable.YLINK has provided us with the funds necessary in order to spread the word to as many people as we can."

- Highland Park High School Student



# Heather Braum

## Kari Harris

## Andres Mata

# Elaine Johannes

Heidi Hartner

Senior Manager – Policy Initiatives

KDHE – Division of Healthcare Finance

Reimagining Care: The Kansas Transforming Maternal Health Model (TMaH) Grant



## Domain Workgroups



#### Expectations for Domain Work Groups

Stay present and participate actively.	Invite everyone into the conversation. Take turns talking.	ALL feedback is valid. There are no right or wrong answers.	Value and respect different perspectives (providers, families, agencies, etc.).	
Be relevant. Stay on topic.	Allow facilitator to move through discussion questions.	Avoid repeating previous remarks.	Disagree with ideas, not people. Build on each other's ideas.	
	Capture "side" topics and concerns; set aside for discussion and resolution at a later time.	Reach closure and summarize conclusions or action steps for small group reports.		



#### Expectations for Domain Work Groups

#### Actively listen.

Be Part of the Conversation. Speak your mind. Share the Workload. Volunteer for Action Steps.

Set action steps and team roles in the remaining 5 minutes of the discussion.



#### Work Group Questions

- 1. What were the most critical takeaways from today's presentations?
- 2. Summarize your workgroup's progress on your Special Project since the last meeting.

3. Update your action plan with action steps and identify work group members responsible for tasks.



#### Work Group Projects

Women/Maternal: Develop a universal, consistent prenatal risk assessment form that includes clinical and social determinants of health data.

**Perinatal/Infant:** Welcome postcard for all Kansas babies.

**Children:** Help parents and caregivers access resources to address their child's behavioral health needs.

Adolescents: Improve civic engagement for adolescents.

### **YOUR FACILITATORS**



#### WOMEN/MATERNAL

Jill Nelson | Perinatal and Infant Health Consultant

KDHE Bureau of Family Health



#### **PERINATAL & INFANT**

Stephanie Wolf | Clinical Perinatal/Infant Health Consultant Kansas Perinatal Community Collaboratives Program Coordinator

KDHE Bureau of Family Health



#### **CHILDREN**

Maddie Wegner | Child Health Consultant

KDHE Bureau of Family Health



#### ADOLESCENT

Cora Ungerer | Title V CSHCN Director

Bureau of Family Health

#### WORK GROUP ASSIGNMENTS

Women/Maternal		Perinatal/Infant		Children		Adolescent	
Facilitator: Jill Nelson		Facilitator: Stephanie Wolf		Facilitator: Maddie Wegner		Facilitator: Cora Ungerer	
Recorder: Kayla Stangis		Recorder: Michelle Black		Recorder: Ali Braun		Recorder: Holly Frye	
Megan	Askins	Carrie	Akin	Antje	Anji	Jennifer	Brunning
Deena	Carmona	Deborah	Alliston	Ali	Braun	Linda	Buchheister
Patricia	Fox	Brenda	Bandy	Linda	Buchheister	Lisa	Chaney
Lisa	Frey Blume	Kourtney	Bettinger	Cristi	Cain	Amy	Dean-Campmire
Sapphire	Garcia	Heather	Braum	Stacy	Clarke	Vanessa	Eberle
Shalae	Harris	Mariah	Chrans	Stephanie	Coleman	Geno	Fernandez
Jamie	Kim	Stacy	Clarke	Derik	Flerlage	Holly	Frye
Karly	Lauer	Mary	Delgado	Cory	Gibson	Jason	Geslois
Jeni	McDonald	Drew	Duncan	Dione	Guyton	Kirstianna	Guerrero
Patricia	McNamar	Stephen	Fawcett	Kaitlin	Johnson	Kari	Harris
Pempho	Moyo	Patricia	Fox	Monique	Koerner	Sarah	Hinton
Jill	Nelson	Sara	Hortenstine	Julie	Laverack	Elaine	Johannes
Oluwakemi	Onyenagubo	Stephanie	Jerguson	Karen	Perez	Shannon	Kennedy
Amittia	Parker	Brandi	Markert	Zachary	Ray	Steve	Lauer
Lisa	Shoop	Susan	Pence	Cherie	Sage	Sookyung	Shin
Kayla	Stangis	Caroline	Rodriguez	Heather	Schrotberger	Melissa	Valenza
Chris Juliet Kristi Tara Kendra	Tilden Swedlund Weaver Wells Wyatt	Cari Katie Christy Kali Stephanie	Schmidt Schoenhoff Schunn Steelsmith Wolf	Peter Maddie Elizabeth	Stoepker Wegner Whitson	Donna Daina	Yadrich Zolck

#### Float: Denise Cyzman, Kelsee Fout, Jennifer Miller



## Enjoy The Break

SEE YOU BACK AT 10:30AM

## DOMAIN WORKGROUP REPORT OUT

## WOMEN/MATERNAL

Develop a Universal and Consistent Prenatal Risk Assessment Form that Includes Clinical and Social Determinants of Health Data

#### **PERINATAL/INFANT** Welcome Postcard for all Kansas Babies



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### CHILDREN

### Help Parents and Caregivers Access Resources to Address their Child's Behavioral Health Needs.



### ADOLESCENT

#### Improve Civic Engagement for Adolescents



## Member Announcements

THE FLOOR IS YOURS!



## Heidi Hartner

# Elaine Johannes

## Andres Mata



#### Kari Harris

KMCHC Chair

# Alyson Dalrymple

Heather Braum



We Want Your Feedback!



Scan the QR Code for Evaluation



Next Meeting Dates **October 15, 2025** 10 a.m. – 2 p.m. **NEW VENUE!** Topeka Library January 14, 2026 9:00am - noon Virtual

#### Contact information

Jennifer Miller State MCH/Title V Director Jennifer.miller@ks.gov

Denise Cyzman KAAP Executive Director denise.cyzman@kansasaap.org





TO PROTECT AND IMPROVE THE HEALTH AND ENVIRONMENT OF ALL KANSANS